PEDIATRIC

SCALDS: A Burning Issue

DO

- Set water heater temperature to no higher than 120°F/48°C, or just below the medium setting
- Create a "no kid zone" in the kitchen around stoves, ovens and hot items
- Keep hot drinks/food away from the edge of tables and counters
- Use travel mugs with tight-fitting lids for all hot drinks
- Place pots and pans on the back burner with handles turned away from the edge of the stove

DO NOT

- Leave a child unattended in the bathtub; if you must leave, take the child(ren) with you
- Allow young children to adjust the water temperature, and when bathing young children, seat the child away from faucets
- Set anything hot on tablecloths or placemats, as young children can pull them down
- Allow appliance cords (slow-cookers, deep-fryers) to dangle over the counter edge

THE FACTS

- ✓ The average annual cost of scald injuries is $44 million
- ✓ Over 136,000 children were seen in emergency rooms for burn in 2011
- ✓ 1,100 children die each year from fire and burns

THE FIX

If a burn injury does happen...

1) Cool the burn with COOL (not cold) water to stop the burning process
2) Remove any clothing, diapers and jewelry around the injured area
3) Cover the area with clean, loose bandages
4) Seek medical attention

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