



# PLAN YOUR ESCAPE HOME EVACUATION DRILL LESSON PLAN

## Lesson Plan Objective

With families spending more time at home, the risk for residential fires is greater. It is essential that families have a home fire escape plan and practice that plan twice each year. Below is a ten minute “home fire escape” lesson plan for educators to provide to students.

### Step 1, Introduction

- Ask students to visualize where they live.
- Give students two minutes to draw all the ways they can get out of their home.
- Ask students to also think about where they go when they leave their home.

*When two minutes has passed, have your timer audibly beep so the audience knows their time is up. Have students stop what they are doing and look at the screen.*

- Ask students if they thought about how to get out of **EVERY** room in their home. Did you think about **MORE** than one way out of each room? Ask them to share some examples.
- Ask students how much time they were given to write their lists?
- Explain to students that they had two minutes. Two minutes is the same amount of time you have to safely escape once smoke alarms begin to beep because of a fire. **That isn't a lot of time.** It's important for you and your family to have a home fire escape plan, and that is what we are going to talk about today.

### Step 2, Body

- Play [the Escape Plan Video](#) for students.
- Ask students what they learned?
- Explain that they should know **two ways out of each room** and that exits like doors and windows should never be blocked as this is a home hazard.
- Explain that they should always have a meeting place outside of their home.
- Ask students to raise their hands if they have a family meeting place.
- Ask students for examples of a good family meeting place
- Explain that a meeting place should be outside in front of the home a safe distance away so firefighters and family know if everyone made it out of the house okay
- What can catch fire? Encourage the students to identify items in the home that can catch fire and how (i.e., a hot stove can catch food on fire).
- What number should you call if there is an emergency? 911. How do you call 911?
- Ask students why smoke alarms are so important?
- Explain to students that working smoke alarms save lives. They will let you know when there is a fire so that you have time to escape. If you ever have a fire or wake up to smoke alarms beeping, go outside, stay outside and call 911. Never go back inside your home for any reason.
- **Grades 3-5:** What are the consequences for not following your family safety plan?
- Thank students for listening and provide them with a homework assignment.



### Step 3, Homework Assignment

Have students complete the [Home Fire Escape Plan](#) checklist with their families. This will ensure that they have come up with an escape plan, know all of the exits in their home, and know where their family meeting place is. Encourage families to talk about how to dial 911 from cell phones.

***Zone 1 Washington State Fire Marshals thank you for sharing this important messaging this fall and winter season. Together, we can make our communities safer places to live, work and play.***

### K-12 Learning Standards

#### ***Health Education Core Idea: Safety (Sa):***

#### **Kindergarten**

1. Injury Prevention
  - a. H1.Sa1.Ka – Identify safety hazards in the home.
  - b. H1.Sa1.Kc – Identify fire, water, and sun safety rules.
2. First Aid
  - a. H1.Sa2.Kb – Identify people to ask for help in an emergency situation at school.
  - b. H1.Sa2.Kc – Identify how to call 911 in emergency situations.

#### **Grade 1**

1. Injury Prevention
  - a. H1.Sa1.1a – Identify safety hazards in the home.
  - b. H1.Sa1.1c – Identify fire, water, and sun safety rules.
2. First Aid
  - a. H1.Sa2.1a – Identify people to ask for help in emergency situations.
  - b. H1.Sa2.1b – Explain and demonstrate how to call 911.

#### **Grade 2**

1. Injury Prevention
  - a. H1.Sa1.2a – Identify safety hazards in the community.
  - b. H1.Sa1.2c – Describe emergency, fire, and safety plans at home and at school.
2. First Aid
  - a. H1.Sa2.2b – Identify people who can help when someone is injured or suddenly ill.

#### **Grade 3**

1. Injury Prevention
  - a. H1.Sa1.3a – Identify ways to prevent injuries at home, at school, and in the community.
  - b. H1.Sa2.3b – Create emergency, fire, and safety plans for home.
2. First Aid
  - a. H1.Sa2.3a – Describe safety rules to follow in a disaster.

#### **Grade 4**

1. Injury Prevention
  - a. H7.Sa1.4 – Describe practices and behaviors that promote safety and reduce or prevent injury.
2. First Aid
  - a. H1.Sa2.4a – Describe how to prepare for an emergency

#### **Grade 5**

1. Injury Prevention
  - a. H1.Sa1.5a – Identify dangerous or risky behaviors that might lead to injuries.
  - b. H1.Sa1.5c – Predict potential outcomes when making a decision related to injury prevention.
2. First Aid
  - a. H1.Sa2.5 – Explain how to respond to emergency situations.