

RADAR 2020 CITY REPORT: BOTHELL

The North Sound RADAR Program (Response, Awareness, De-escalation And Referral) combines information sharing across law enforcement departments and outreach by Mental Health Professional Navigators. When law enforcement officers encounter someone with behavioral health symptoms or developmental disabilities in the field, RADAR Navigators can provide crisis de-escalation, outreach, and referral to services. Navigators focus on moving people into community-based and long-term systems of care to reduce reliance on the crisis and criminal legal systems and improve people's lives.



WHO WE SERVED

In 2020, the RADAR Program served 126 people in Bothell, during a total of 168 meetings with Navigators and Co-Responding Officers. The average engagement was 35 minutes long. Of the individuals served by the RADAR Program in Bothell in 2020, 9% were living homeless, 37% reported a disabling behavioral health condition, and 3% were military veterans.



9% Homeless



37% Report a Disabling Behavioral Health Condition



3% Military Veterans

The racial demographics of individuals served closely mirrored the racial makeup of the city, with 77% being White, 11% multiracial, 6% Black or African American, 5% Asian/Asian American, 3% Hispanic/Latinx, and <1% Native American (n=82).

WHAT WE DO- RADAR STORIES

In 2020, RADAR Navigators and Officers encountered many people who have suffered from the socio-economic or mental health consequences of the COVID-19 Pandemic. Navigators helped multiple Bothell residents connect with appropriate mental health and basic needs resources regardless of their ability to pay.

RADAR Navigators found that young people, now learning from home, often had increased behavioral health symptoms, with little access to their usual supports. Navigators have provided support, education and tips for parents and have worked with families to access remote mental health services. In one case, the Navigator was able to secure multiple urgent mental health sessions for a young person in Bothell who was suicidal, with care then transitioning to Children's Hospital.

Navigators repeatedly demonstrated their problem-solving and relational skills working with the people of Bothell. One call that started as a disturbance revealed a woman who was the victim of a domestic violence situation. The Navigator built rapport until the woman was willing to discuss the situation, accept medical care for injuries sustained, and seek services. In another, an individual suffering from disruptive delusions on a Metro bus was successfully de-escalated and referred to a behavioral health crisis facility, where they would get immediate care and be referred to long-term behavioral healthcare.